

# Understanding Human Error in SIFp Events

Insights from the latest whitepaper by Incident Analytics.

Unmasking the Human Element:  
Cognitive and Behavioural Influences on Serious Safety Incidents





## ACKNOWLEDGEMENT OF COUNTRY

Sentis acknowledges the traditional custodians throughout Australia and recognises their connections to land, waters and community.

We acknowledge the Traditional Owners of the land on which we meet today and pay our respects to elders past and present. We extend that respect to Aboriginal and Torres Strait Islander peoples here today. We do this because we value Aboriginal and Torres Strait Islander history, culture and knowledge.



Incident  
Analytics™

**sentis**

To change the lives of individuals and organisations for the better, every day.



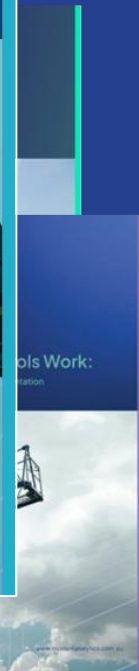
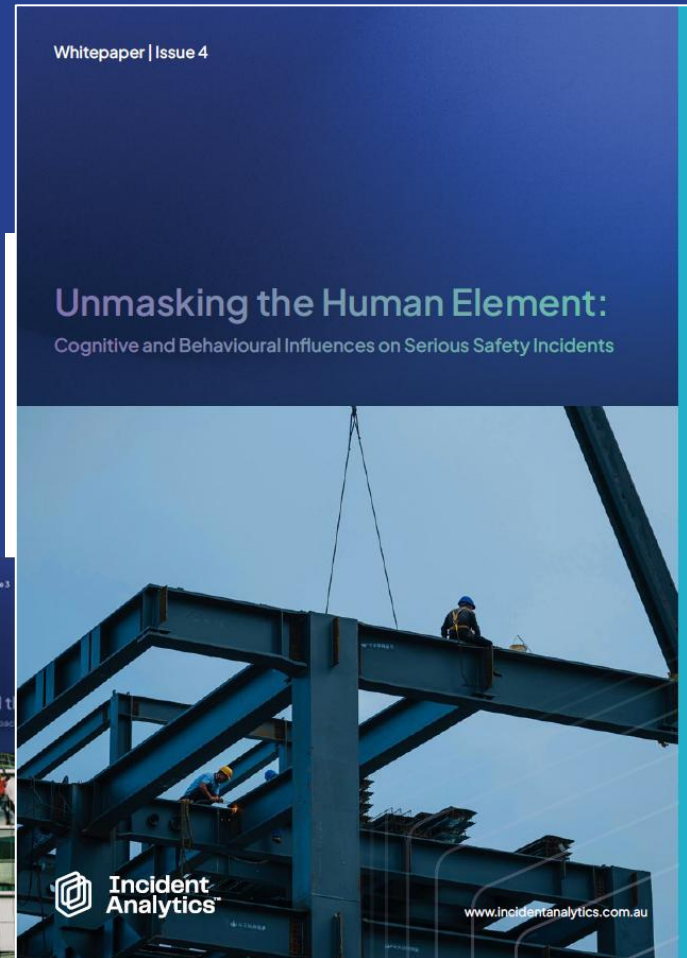
Empowering more than 500 companies and 200,000 people to think differently about safety since 2003

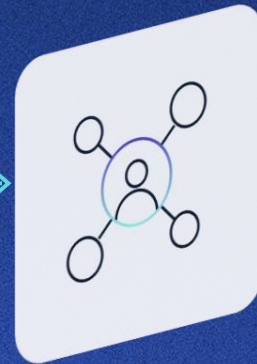


# The Sentic Way

- *Understand* the story. What the data is telling you, so you have confidence you're focusing on the right issue.
- *Align* the vision, develop strategy, build shared understanding and buy-in.
- *Implement* the strategy and build engagement and capability uplift.
- *Integrate* the systems and processes to embed the learning.

# Critical risk consulting & research





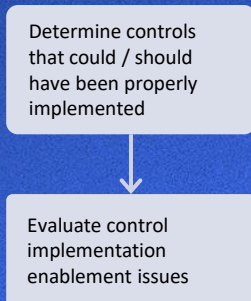
## Severity

Determination of severity potential



## Controls

Absent or ineffective control analysis



## Antecedents

Casual analysis of contributing factors

### Human Factors

- Unintended Error: Slip / Lapse
- Unintended Error: Mistake
- Workaround: Routine
- Workaround: Situational
- Workaround: Exceptional

### Cognitive Hazards

- Auto-pilot Pressure
- Perception
- Fatigue
- Memory
- Groupthink
- Decision-making
- Planning
- Information
- Skill adequacy

### Operational Factors

- Leadership
- Management
- Supervision
- Individual Traits
- Team Function
- Environment

### Organisation Factors

- Plant & Equipment
- Human Resource Management
- Safety Management System
- Externals Management

## Learning

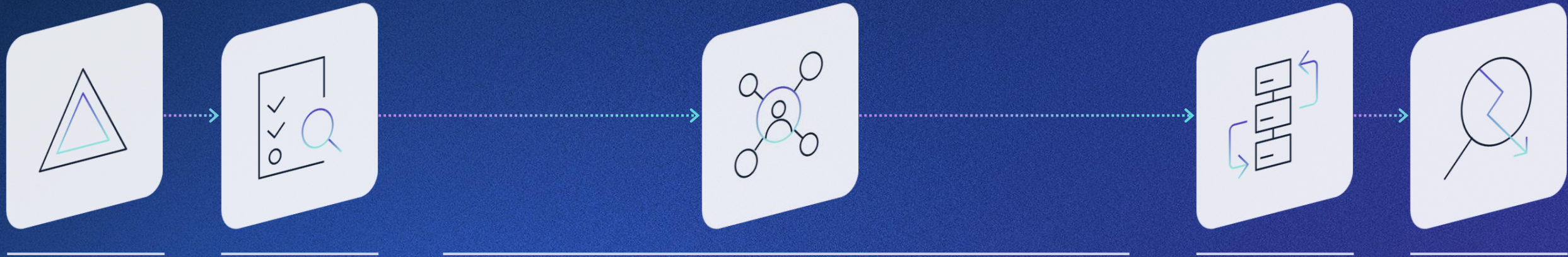
Findings reviewed & prioritised

- Control adequacy
- Control erosion
- Human factors & cognitive issues
- Upstream factors
- Impact prioritisation:
  - Direct vs indirect
  - Magnitude

## Exposure

Actions developed for priority findings

- Control Design Improvement
- Control Implementation Reliability
- Effect prioritisation:
  - Exposure impact
  - System alignment



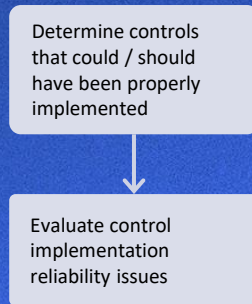
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## Controls

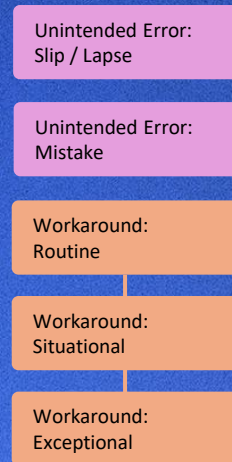
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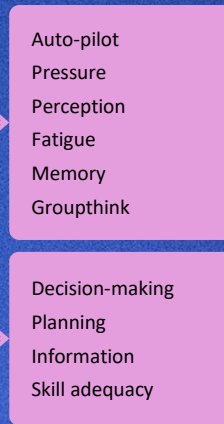
## Antecedents

Casual analysis of contributing factors

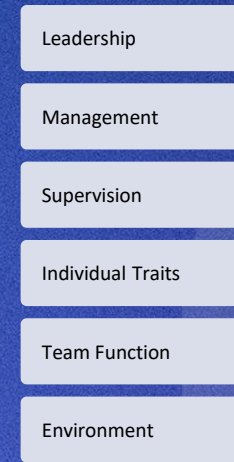
### Human Factors



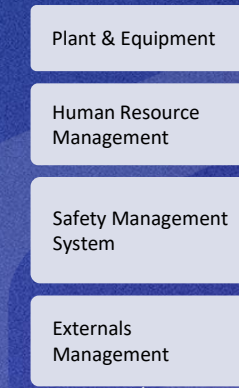
### Cognitive Hazards



### Operational Factors

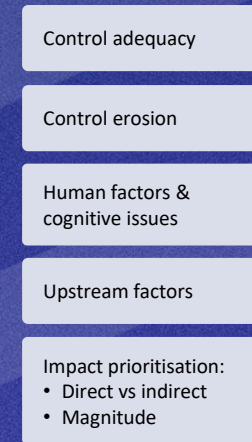


### Organisation Factors



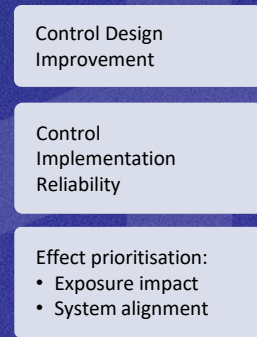
## Learning

Findings reviewed & prioritised



## Exposure

Actions developed for priority findings

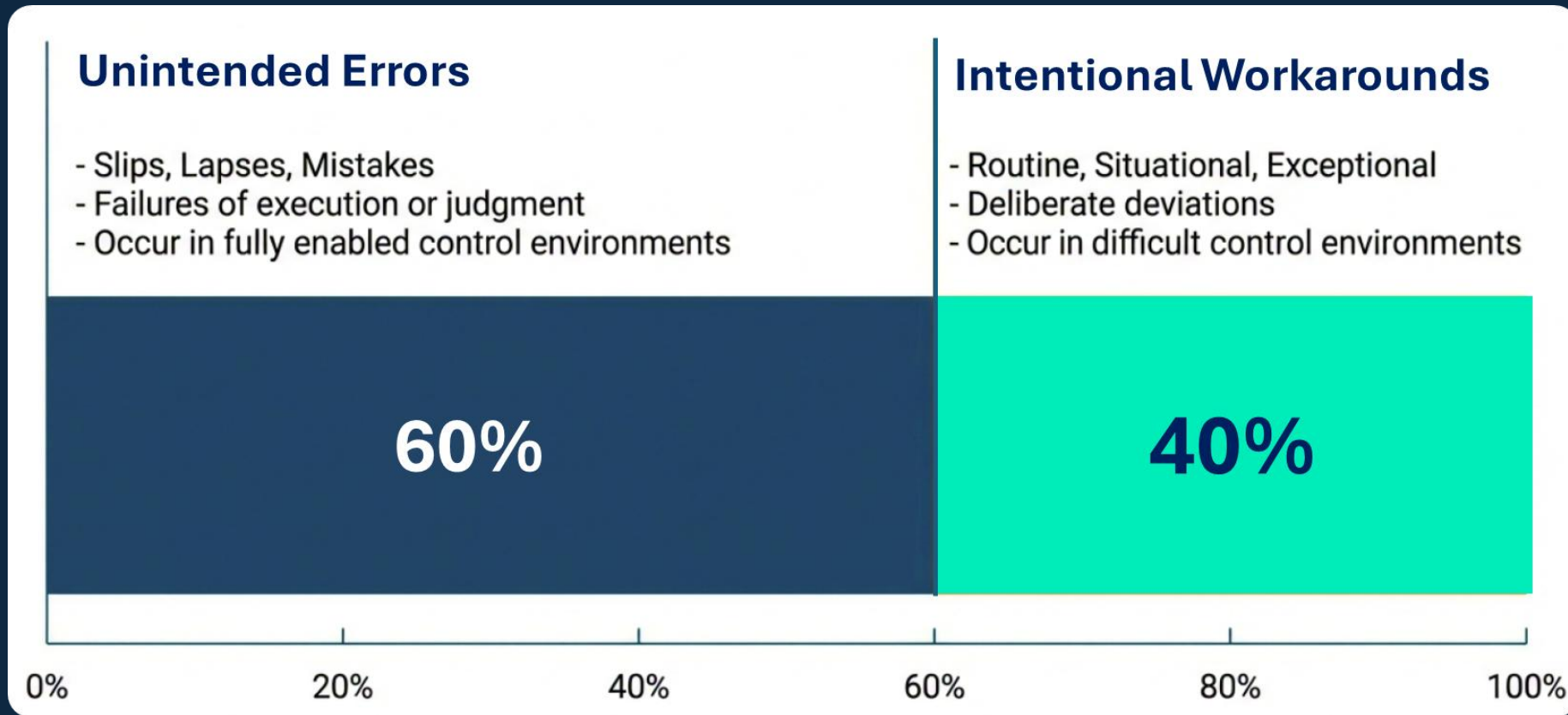


# POLL

## Which is hardest for organisations to accept?

- A: Workers are doing their best with the conditions they're given
- B: Systems and processes may be flawed
- C: Management decisions shape front-line risk
- D: Blaming workers doesn't improve safety
- E. Workers making errors is normal

# The Two Distinct profiles of Human Failure



# Unintended Errors: When biology overrides training

64%

## Slips & Lapses (Execution Failure)

Task completed incorrectly or step missed, despite knowing the correct sequence.

Occurs during familiar, routine tasks.

I can't believe I missed that step in the process.



36%

## Mistakes (Judgment Failure)

Errors of decision-making where the worker does the wrong thing, believing it to be right.

Occurs during unfamiliar tasks or training gaps.

I was sure that was the right thing to do.



# The 'Autopilot' Paradox

Slips and lapses most frequently occur in fully enabled control situations where safety systems are present and functional.

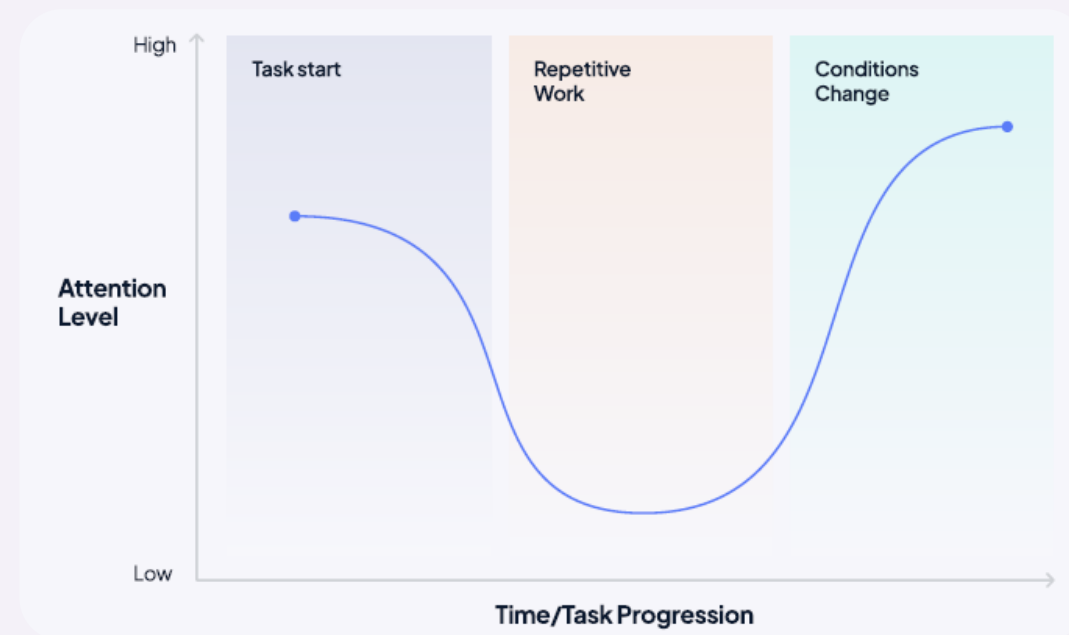
**38%** caused by **Autopilot** (brain disengaged)

**29%** caused by **Failure to Notice Hazards**

## Examples:

- Not putting a mask back on after talking to a colleague.
- Checking a dial but seeing the wrong value.
- Not securing scaffolding due to an interruption.

Corriveau, A., Rosenberg, M.D. & deBettencourt, M.T. (2025) Cognitive neuroscience of attention and memory dynamics. University of Chicago. Available at: [https://debetten.github.io/files/Corriveau\\_PsyArXiv\\_2025.pdf](https://debetten.github.io/files/Corriveau_PsyArXiv_2025.pdf) (Accessed 19 January 2026).



# Mistakes: A Failure of Judgement or Planning

Mistakes often happen in difficult control conditions where workers must interpret complex situations.

**43%** caused by **Decision-making Errors**

Linked to higher **risk tolerance**

**33%** caused by **Planning Shortcomings**

Weak or absent **risk assessments**

## Key takeaway:

If a mistake occurs, look for training gaps or confusing systems before blaming the worker.

## Examples:

- Misinterpreting the sound of a machine breakdown
- Choosing the wrong anchor point for a lanyard
- Leaving insufficient room when overtaking

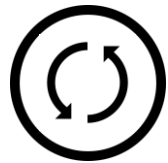
# Intentional Workarounds: Adaptation, not malice

Deliberate deviations are rarely malicious – usually well-intentioned efforts to complete tasks.

54%

## Routine Workarounds

“It’s just the way we do that around here.”



34%

## Situational Workarounds

“It’s the only way we can get it done here.”



12%

## Exceptional Workarounds

“We didn’t have any choice at the time.”



# Key Driver: Normalised deviation

# 54%

**Routine** workarounds make up **more than half** of all workarounds. They more often occur at night or during reduced supervision.

## Examples:

- Scaffolders not clipping on their harnesses above 2m.
- Truck drivers not wearing seat belts.
- Manager allowing untrained drivers to operate plant.

**SAVE  
TIME**



**SAVE  
EFFORT**



## The Risk?

Repeated use without consequence desensitizes workers to risk.

The systems thinks its safe, but the reality on the ground has drifted.

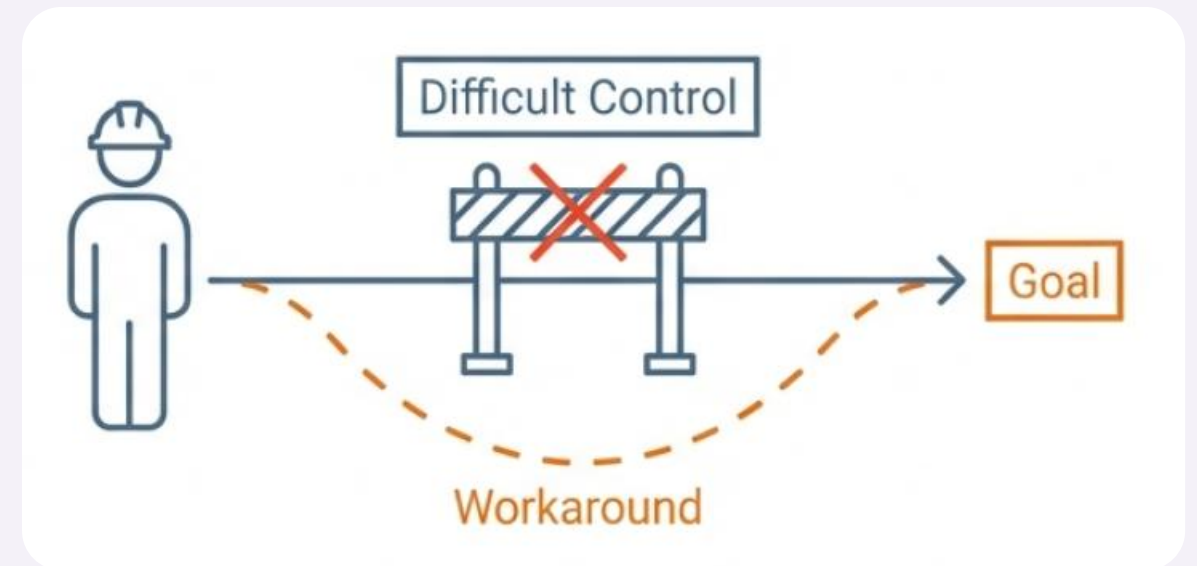
# Key Driver: Difficult or unworkable controls

# 80%

**Situational** workarounds are **80% more likely** to occur when controls are difficult to apply or unworkable.

## Examples:

- Delivery dock space too small for exclusion zones.
- Workspace too hot for mandated PPE.
- Outdated plant requiring riskier procedures.



# Address gap between work ‘as intended’ vs ‘as done’

## Analyse how work is actually done

- Use task-specific critical control verification tools rather than generic checks.
- Focus verification on the least reliable controls.
- Establish the REAL level of critical risk exposure.

## Feedback loops

- Actively engage work groups in problem-solving.
- Ensure critical controls are practical and enabled.
- Reset risk-reward balance and reinforce at all levels.

## Bridging the Safety Gap



# Key Recommendations for Safety Leaders

## Control Effectiveness

- ▶ Verify enablement of controls
- ▶ Reduce reliance on human reliability
- ▶ Improve learning from HiPo incidents

## Error Reduction

- ▶ Enhance risk assessment & planning
- ▶ Mitigate impact of cognitive hazards
- ▶ Investigate & understand workarounds

## Leadership & Culture

- ▶ Encourage reporting & feedback
- ▶ Building psychological safety

# How to learn about SCALE™

The SCALE™ eLearning course is endorsed by the Australian Institute of Health & Safety (AIHS). It equips safety professionals with the skills to learn from unplanned events.



Incident Analytics  
eLearning Course



SCALE 1  
Background and Key Concepts

Incident Analytics  
eLearning Course



SCALE 2  
The Decision to Investigate

Incident Analytics  
eLearning Course



SCALE 3  
Controls & How They Fail

Incident Analytics  
eLearning Course



SCALE 4  
The Human Element

Incident Analytics  
eLearning Course



SCALE 5  
Upstream Factors

Incident Analytics  
eLearning Course



SCALE 6  
Taking Effective Action

SCALE™ eLearning program endorsed by  Endorsed Professional Development