

# Safety Essentials Online

Adopt a blended learning approach to safety culture



## The Challenge

**How do you ensure that your people make conscious safe choices every day?**

With 86% of organisations operating from a negative safety culture, there is an ongoing need to improve safety attitudes and behaviours and safety leadership capabilities within organisations. However, an increasing reluctance to remove people from the 'tools', combined with a growing remote and regionally diverse workforce can make it challenging to engage employees in face-to-face training programs. As a result, many organisations' exposure to risk is increasing.

The cost of inaction is impacting engagement, brand and performance. With safety leadership capability and intrinsic motivation for safety being critical factors in mature safety cultures, *Safety Essentials Online* addresses these with a flexible approach designed to achieve impressive results, with fewer constraints and a time saving of 75% compared to traditional classroom training.

*Safety Essentials Online* adopts a blended approach, combining cutting-edge online learning with live application sessions. A mix of interactive activities, small-group breakout discussions and practical applications support employees to learn at their own pace, when and where they like.

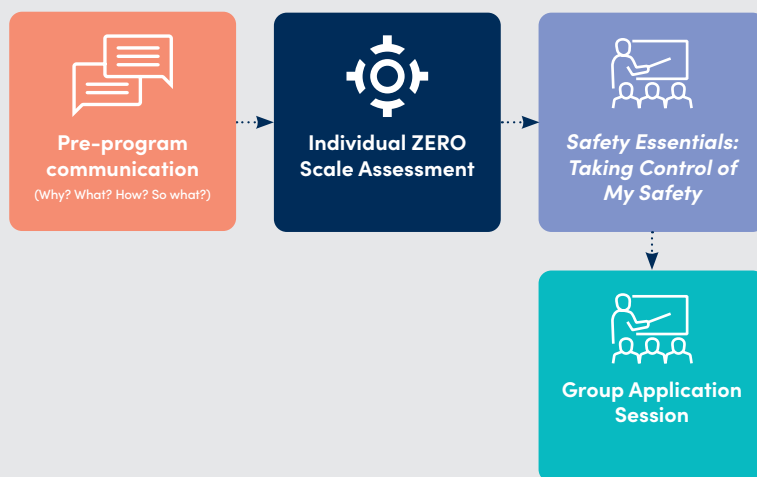
# The Solution

## Implementing *Safety Essentials Online* in your organisation

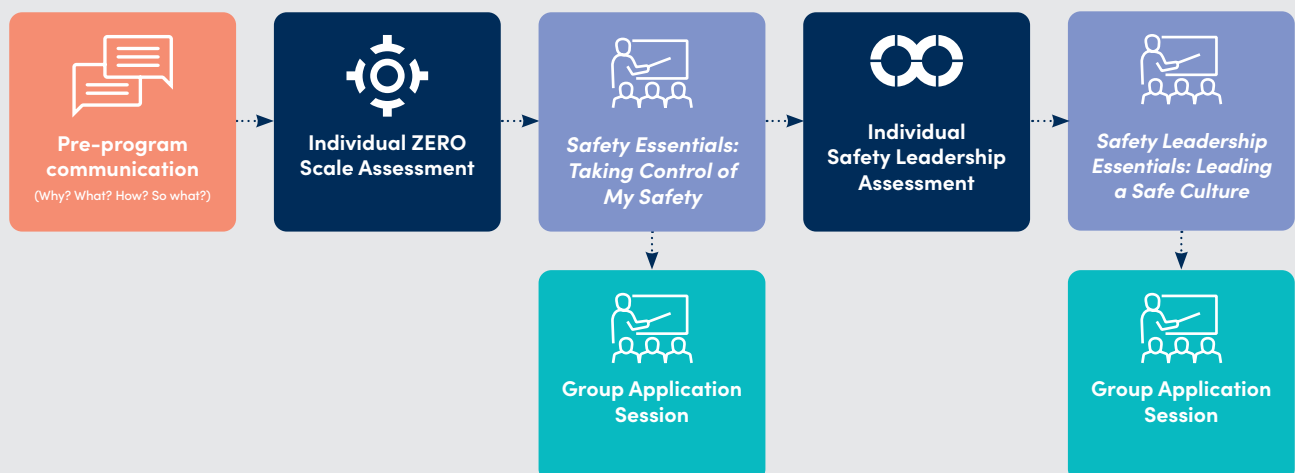
*Safety Essentials Online* provides the foundation for meaningful safety culture change. Based on our highly successful *Taking Control of My Safety* program, it has been intentionally crafted to deliver the same content and learning opportunities for organisations that prefer the flexibility of blended learning. While suitable as a stand-alone program, it can also complement a traditional training rollout by delivering the essential language and concepts to new starters or contractor workforces.

Interactive, enjoyable and impactful, *Safety Essentials Online* content is designed by our in-house training transfer experts to ensure that program content will 'stick' and be applied back in the workplace. Application sessions can be facilitated in-person or remotely by Sentis Consultants, or a Train-the-Trainer program can be delivered to upskill your internal resources. The application sessions are critical to allow participants to make connections and truly understand and apply the content.

**Figure 1. The Safety Essentials Online Process – for Teams**



**Figure 2. The Safety Essentials Online – for Leaders**



## Program Outline

### Safety Essentials Online – Taking Control of My Safety

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Suitable for both teams and leaders, this package contains eight courses that provide an overview of the psychology of safety and how the brain responds to risk. The *Safety Essentials Online* self-paced component takes approximately 2-3 hours to complete. However, this approach allows the participant to complete the learning in smaller chunks. The self-paced training is supported by a 2-hour live group application session delivered online or in person.

Included courses:

- Understanding Safety Citizenship
- Attitudes, Behaviour, Results (ABR): A Model for Life
- Safety as a Currency
- Safety Culture Model
- Our Brain at Work
- Managing Risk
- Taking Control
- Playing Our Part.

### Safety Leadership Essentials Online – Leading a Safe Culture

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Tailored for leaders, this package contains eight courses that provide an overview of the foundations of safety leadership and how this applies to safety culture. The *Safety Leadership Essentials Online* self-paced component takes approximately 2-3 hours to complete. However, this approach allows the participant to complete the learning in smaller chunks. The self-paced training is supported by a 2-hour live group application session delivered online or in person.

Included courses:

- Understanding the 8 Safety Leadership Competencies
- Creating and Communicating a Safety Vision
- Leading with Trust and Active Care
- Conscious Leadership
- Supporting the Safety Vision
- Having the Key Conversations
- Promoting a Learning and Improvement Culture
- Safety Leadership in Action.

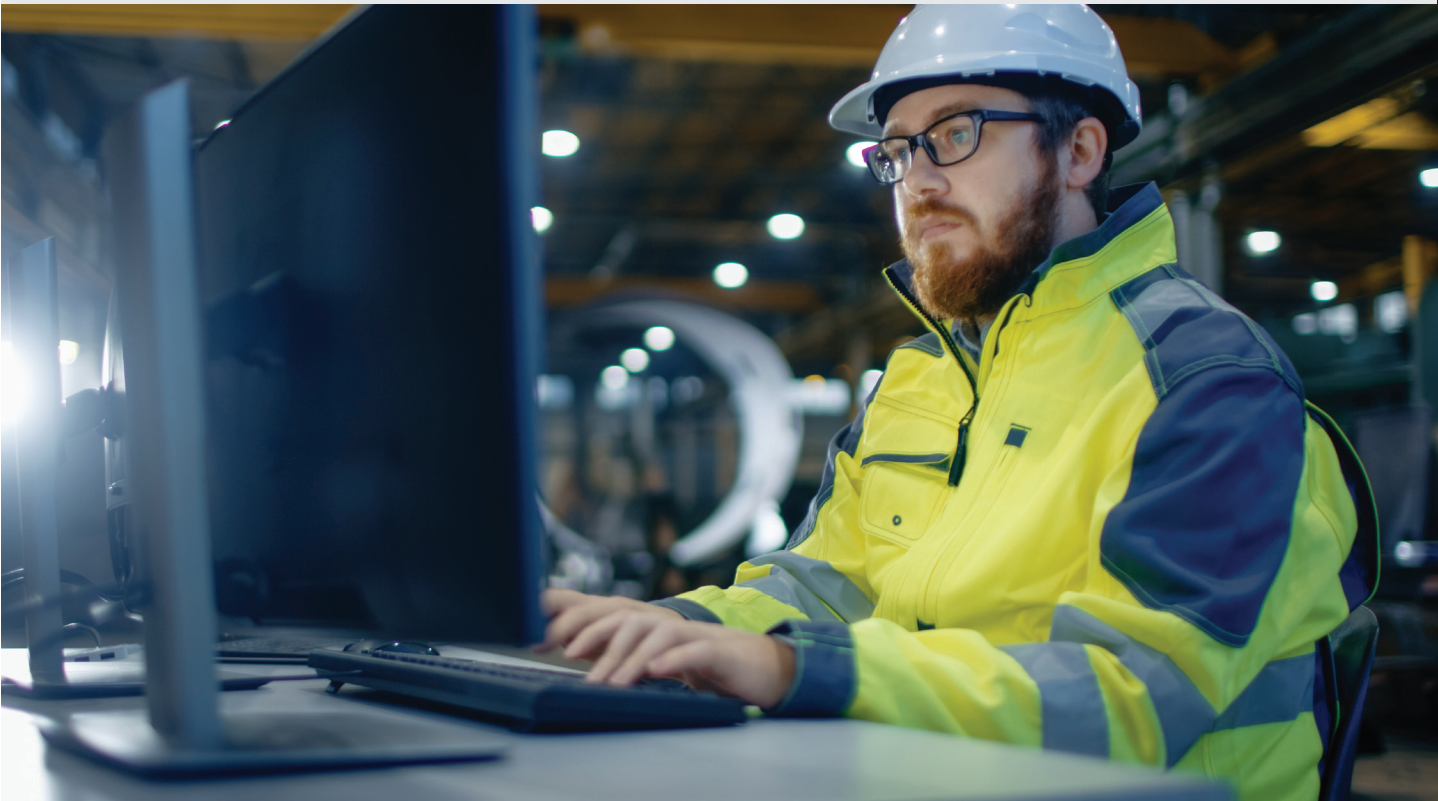
**Remember – not all online learning is created equal! Sentis' blended learning relies on expert content development, supported by best practice strategies for adult learning to maximise your safety culture investment.**

## The Outcome

Like Sentis' traditional training programs, *Safety Essentials Online* will support your organisation to shift the safety attitudes of employees and provide a common language and set of tools for your leaders to use in building a positive safety culture.

Achieve impressive results with greater flexibility by choosing the blended learning approach, which:

- Reduces time spent training employees by 75% compared to classroom training
- Increases efficiency of training delivery by reaching more people, faster and at a fraction of the cost of traditional training
- Lowers cost investment in trainers, venue hire, travel and accommodation
- Allows people to attend training while working remotely or from home
- Promotes active and independent learning
- Increases efficiency in getting new starters, casuals or contractors up to speed on your safety culture vision and desired behaviours.



Ready to improve your safety culture with a flexible solution?

**Get in touch** with one of  
our expert consultants today

1300 653 042

[sentis.com.au](https://www.sentis.com.au)